

Season Extending Webinar Handout

October 11, 2017

Planting for Fall Harvest:

Spring Sown Mature Plants to Protect into Fall:

leeks, carrots, beets, parsnips, kale, Swiss chard.

Best Vegetables to Plant in Summer for Fall/Winter Harvest:

Add 2 weeks to days to maturity

Build up soil before planting

- **Greens:** arugula, lettuce, spinach, collards, mustard, Swiss chard, mache
- **Root crops:** radish, beets, carrots, turnips
- **Others:** peas, broccoli, cauliflower

Timing of Summer Planting for Fall Crops: Zone 5 (October 15th first frost date)

- **Broccoli & Cauliflower Transplants:** Mid to End of July
- **Sowing Pea Seeds:** End of July
- **Root crops:** Late July/Early August
- **Greens:** Six to eight weeks before first frost (mid-August to early September)

Plant Protection:

Protect individual plants: Cloches, Milk Jugs, Pop-up Accelerator, Cold Frames

Protect Beds: Polypropylene row covers, plastic

Different weights of row covers:

Light: protects from light frost

Medium: Protects to 28 degrees Fahrenheit

Winter: Protects to 25 degrees Fahrenheit

Resources:

- **Extending the Season with Charlie Nardozi:**
<https://www.youtube.com/watch?v=SzW-d3ieqml&t=7s>
- **Timing of Fall Plantings:** <https://www.almanac.com/content/fall-garden-planting-fall>
- **Fall Harvest Planting Calculator (Johnny's) (go to middle of page):**
<http://www.johnnyseeds.com/growers-library/online-tools-calculators.html>
- **Cloches:** <https://garden.org/learn/articles/view/546/>
- **Build Your Own Cold Frame:**
<http://www.diynetwork.com/how-to/outdoors/gardening/how-to-build-a-cold-frame>
- **Build Your Own Cold Frame 2:**
<http://www.bhg.com/gardening/yard/garden-care/building-a-simple-cold-frame/>
- **Different Weight Row Covers (GSC):**
<https://www.gardeners.com/how-to/row-covers/5111.html>
- **Row Cover Videos & Articles (Johnny's):**
<http://www.johnnyseeds.com/content-search/?q=row%20covers>